



Relational Micro Groups

Small Group Resource

Key Concepts and Overview

- Relational Micro Groups are gatherings based on gender, consisting of 3-4 individuals.
- These groups gather to focus on prayer, accountability, biblical study, and sustainable transformative moments.
- There is no official pace to the group, each group walks together as needed.

Movements of Discipleship (Studying the text together)

- Each group will use Romans 12:1-2 as a model. Throughout the life of the group, they may use other passages of the bible, but they must use the following structure for study.
 - What are the transformative moments from the text?
 - What should I renew in my walk with God?
 - What should I discern God's will to be for my life?
- Not every passage will lend itself to this structure wholistically, but each passage studied together will point towards one of these questions for dialogue.

Structure of the Group (With Examples for Clarification)

- Scripture memorization
- Each group starts with memorizing Romans 12:1-2. After memorizing these verses, the group will designate other verses to memorize.
- Soul questions
 - These questions are meant to help others in the group to start the group relationally.
 - Examples
 - Use one word to describe how you feel at this moment and two sentences to describe why?
 - What has been good about your week? What has been bad?



- Take time to pray over one another's soul at check in, either in the moment or at the end.
- Flesh questions
 - These questions are meant to encourage accountability and transformation within the group.
 - Examples
 - Is there something that you feel like you messed up this week?
 - Is there something that you would like for each of us to keep you accountable too?
 - Take time to pray over one another's soul as you confess and invite accountability into each one another's lives.
- Transformation Study

Using the 3 movements guide, pick a text to inductively study together focusing on the following questions.

 - What are the transformative moments from the text (observation)?
 - What should I renew in my walk with God (interpretation)?
 - What should I discern God's will to be for my life (application)?
- Renewed commitment
 - Share with one another any sense of renewed commitment that God has revealed to you through your time together.
 - Invite the others within the group to pray with you, over you, and for you as you renew your capacity with God.
- Purposeful living
 - End each time with the question, "What is God's purpose for my life?"
 - As you discern what God's will is, reflect on if God is calling you to help another person, share the Gospel with another person, serve in a new way, or be more like Jesus with those around you.

Introduction

- Scripture memorization (Romans 12:1-2)
- Soul questions
 - These questions are meant to help others in the group to start the group relationally.



- Examples
 - Use one word to describe how you feel at this moment and two sentences to describe why?
 - What has been good about your week? What has been bad?
- Take time to pray over one another's soul as check in, either in the moment or at the end.
- Flesh questions
 - These questions are meant to encourage accountability and transformation within the group.
 - Examples
 - Is there something that you feel like you messed up this week?
 - Is there something that you would like for each of us to keep you accountable too?
 - What habits or practices need to be changed in your life?
 - Take time to pray over one another's soul as you confess and invite accountability into each one another's lives.

Introduction to movements of Romans 12 (Suggested study plan)

- Transforming (Romans 12:3-8)
- Renewing (Romans 12:9-13)
- Discerning (Romans 12:14-21)

Weekly Commitment Renewal

- What habits or practices need to be renewed in your walk with God?
- What actions will you take and invite accountability on this week?

Purpose for Living

- What is God's purpose for my life?
- Who is God calling me to witness too?
- Who is God calling me to disciple?
- Where is God calling me to serve?